



#### ENDORSED BY INDUSTRY LEADERS

"If you're looking for a speaker that is more than just content. If you're looking for an experience for your people. If you are also looking for someone that can help create or hold a special space Kaye's the speaker for you. Kaye is one of the most intentional speakers you will ever meet."

**Leanne Christie - Ovations Speakers Bureau**

"Kaye is a rare blend of shamanic depth and corporate command, creating powerful, lasting change through the way she speaks"

**Rachel Dunn - Director Impact Film Group**

"Kaye speaks with authenticity, clarity, and a confidence rarely seen among speakers."

**Sarah Hunter - Director Speaker Institute WA**



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# Kaye DORAN

SHAMANIC DEPTH, CORPORATE COMMAND

## MEET KAYE

Keynote speaker and thought leader who helps professionals navigate pressure, complexity and change with greater clarity and self-leadership. Her pivotal insight came from recognising that many professionals spend years chasing success only to realise they believed they had mastered **the life of business but not the business of life.**

Drawing on over three decades of experience in leadership, energy mastery and human transformation, Kaye equips leaders with the awareness and practical tools to realign their inner and outer worlds so they can lead with conviction, resilience and sustain effectiveness.

## KEYNOTE TOPICS

### THE UNSEEN INFLUENCE

**How your leadership is silently impacting others.**

Leadership is not defined by what you say. It is defined by what people experience in your presence. Beyond strategy and communication lies an unseen layer; the space between intention and impact. Internal patterns, unexamined beliefs, and subtle energetic signals shape how others respond, engage and trust. It is the most influential force in how leadership lands, determining whether people lean in or pull back, and whether trust is built or eroded.

Kaye Doran brings this unspoken layer into focus. With over three decades of experience in leadership, energy mastery, and human transformation, she reveals how leaders can appear to lead well yet create a very different experience beyond their awareness. Subconscious false stories and beliefs act as invisible drivers, shaping how leaders show up and how others respond. When this unseen influence is recognised, leadership shifts from effort and control to clarity, trust, and true congruence. Because leadership is never neutral. It is always being felt.

### Key Outcomes

- Recognise how internal patterns and unseen drivers shape their leadership and impact beyond their awareness.
- Understand how their leadership is felt and experienced beyond their words, and where disconnects between intention and impact occur.
- Lead with greater self-awareness, clarity, trust and true congruence, creating an experience that aligns with their intention.

### Who this is for

Leaders who recognise that the impact of their presence goes beyond what they say and are navigating pressure and complexity while seeking to make a real difference in how they lead and how they are experienced. For organisations ready to strengthen trust, alignment, and performance, enabling leaders to leave a lasting impression



**WATCH SPEAKER REEL**

# KAYE DORAN

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## AUTHORITY WITHOUT ARMOUR

How leaders expand impact without losing themselves

Leaders operate in environments of sustained pressure, complexity, and high expectation. Over time, even highly capable leaders unconsciously contract, creating ways of being and responding designed to protect them, to fit in, to be taken seriously. Yet these very patterns do not serve themselves or those they are leading. Over-functioning, blurred boundaries, and a quiet disconnection from natural authority become the norm. What begins as a survival strategy becomes the very thing that limits presence, clarity, and sustained leadership.

Kaye Doran shows leaders how to expand their capacity rather than continually hardening under pressure. She addresses the point where contraction or expansion is first felt - in the nervous and internal energetic state, the place most leadership development never reaches. This is not about becoming softer. It is about becoming more fully yourself, and discovering that real authority was never built on armour.

### Key Outcomes

- Recognise how sustained pressure and unspoken expectations can lead to contraction, over-functioning, and compromised authority.
- Understand how expanding internal capacity strengthens boundaries, self-trust, an sustainable authority.
- Lead with steadiness, discernment, and authentic authority under sustained pressure - without hardening or losing themselves.

### Who this is for

Leaders who are navigating pressure, expectation, and ongoing responsibility while striving to sustain clarity, authority, and sound judgement. Particularly relevant for those who are holding both performance and people, and who want to lead with presence, integrity, and influence without hardening or over-adapting to fit in.

## THE CRISIS OF COPING

Why coping quietly erodes capacity.

Many professionals manage sustained pressure, emotional load, and cognitive demand by holding themselves together and pushing through. On the outside they appear capable and in control. On the inside, the strain is accumulating. There is no clear unpacking of the working day - no process that transitions the mind and body from professional demands into a more relaxed and present personal life. The two blur into one. Over time, this quiet coping erodes the focus, resilience, and personal capacity. The body holds what the mind refuses to address.

Kaye Doran goes beyond conventional wellbeing advice to address what is happening beneath the surface - the subconscious patterns and false stories that keep people locked in cycles of coping rather than truly leading their lives. When these are recognised and shifted, clarity returns, emotional balance is restored, and the capacity to lead with presence and purpose is renewed.

### Key Outcomes

- Recognise how sustained mental and emotional load quietly erodes capacity over time
- Understand how their internal state shapes effectiveness, relationships, and decision-making at work and at home.
- Demonstrate practical ways to restore settle cognitive and emotional overload, restore perspective, and maintain clarity and presence under pressure without self sacrifice

### Who this is for

Leaders who are navigating pressure, expectation, and ongoing responsibility while striving to sustain clarity, authority, and sound judgement. Particularly relevant for those who are holding both performance and people, and who want to lead with presence.

**"We are not only in a life of business We are also in the business of life."**



## FEATURED IN

The Gift in Adversity Documentary alongside Jack Canfield, Dr. John Demartini & Dr Michael Beckwith.

## DELIVERY FORMATS

Keynote presentation

Half-day workshop

Full-day leadership workshop

All topics can be tailored to your event format, audience, and time requirements. Kaye is highly adaptable in how she delivers and works closely with event organisers to ensure the content lands for your specific needs

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